

DOCTORS NONPROFIT CONSULTING

EXECUTIVE SUMMARY

ART & CREATIVITY FOR HEALING. INC.
RAGING COLORS: EXPRESSIVE PAINTING
FOR YOUTH & TEENS PROGRAM

JULY 2020-JUNE 2023

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INTRODUCTION

DoctorS Nonprofit Consulting (DNC) was hired by Art & Creativity for Healing Inc. (ACFH) in May of 2023 to provide an outcome evaluation for the 2020-2023 Raging Colors: Expressive Painting for Youth & Teens program data for participants in ACFH workshops. ACFH has facilitated these “Art4Healing®” workshop programs at more than 45 hospitals, treatment centers, military bases, schools and non-profit agencies throughout Southern California. Since 2000, more than 95,000 children and adults have participated in these classes and workshops.

METHOD

For this project, ACFH staff entered the data from their surveys into an online computer program. DNC then downloaded data spreadsheets in both excel and SPSS formats. DNC reviewed the data and addressed any data entry concerns with ACFH staff. SPSS statistical software was used for the evaluation process which was conducted by consultants in June 2023. For this project, the program’s data collection procedures were reviewed. Initially, a series of frequency tables were run to establish basic program statistics. Following this, a series of correlations and one-way analysis of variance (ANOVA) tests were computed on the data. A full statistical report of the test outcomes is included in appendix A. Correlations are useful in determining how closely one variable relates to another variable. ANOVAs are useful for comparing differences between groups.

DATA SET

This data set consists of responses by 4718 Raging Colors: Expressive Painting for Youth & Teens program participants who received ACFH services between the period of July 2020 through May 2023. The majority of these participants were from the Orange County Department of Education (OCDE) ACCESS programs (n=4103). Data sets of this size (n=4718) are generally regarded to be an accurate indicator of the measured items

STATISTICS

When asking Raging Colors participants 36.8% reported their age. Of those who reported, ages ranged from 5-18, with the average age being 15 years of age. Participants that identified as Hispanic/Latino(a) made up 78.22% of participants followed by Bi-racial (7.29%) and Caucasian 5.53%.

Over 23% were from Garden Grove. This was followed by 19.63% from Santa Ana and 12.11% from Tustin. The remaining cities were in Orange County (Anaheim, Buena Park, Costa Mesa, Cypress, Fountain Valley, Huntington Beach, Irvine, La Habra, Laguna Hills, Lake Forest, Mission Viejo, Orange, Placentia, Rancho Santa Margarita, San Juan Capistrano, Stanton and Westminster).

The majority of the participants in the Raging Colors: Expressive Painting for Youth & Teens program were from Orange County Department of Education (OCDE)/ACCESS (86.96%) and Boys & Girls Club Stanton (5.64%). Other programs included Santa Ana PAAL program (4.68%), Valley High (1.27%), and La Habra School District-Washington Middle School (.85%).

Less than 1 percent represented Oak View FRC, Huntington Beach (FaCT)/Westminster FRC, Westminster (FaCT) (.41%) (see Q6 fig.4). The OCDE Access sites included Harbor Learning Center, Fountain Valley Education Center, Mission Viejo, San Juan Education Center, Anaheim West Education Center, Century Day School, La Habra Classroom, Magnolia Learning Center, Harbor Learning Center North, Southwest Anaheim, Wilshire Classrooms, Santiago Creek, Tustin Main, Academic Center of Tustin Mary's Academy, Central YRC – Youth Guidance Center, Lyon School Rio Contiguo, Otto Fischer School, Pacific Coast High School (PCHS), Community Home Education Center, Skyview Elementary and Middle School, Sunburst Youth Challenge Academy, and College & Career Preparatory Academy.

The participants generally have multiple psychological reasons for attending the workshops. Each participant was asked to indicate all the reasons and then select their top reason for taking the class. The most selected reason that the youth participants took workshops was *I like art* (50.04%).

KEY FINDINGS

Overall, 89.42% of the Raging Colors youth participants reported that they *overall liked their workshop* and 66.48% strongly agreed the workshop was great.

For future workshops, 80.13% of participants agreed that they would *tell a friend or family member to attend this workshop*. In fact, 80.08% of all participants agreed that *they themselves would take another workshop from the program*.

Raging Colors participants indicated that the *instructor appeared to care for them* (89.47%) and *they were on time* (91.16%). Additionally, 83.01% participants indicated that they *felt better after taking the workshop* and the *workshop helped them share their feelings* (83.78%).

Finally, the Raging Colors participants were primarily referred by an agency (88.8%) or invited by a friend (10.31%).

The most selected reason that the participants took workshops was *I like art* (50.04%).

There were 8 significant differences between the workshop locations on the 1-5 scaled outcomes (with 5 being the highest). Washington Middle School (La Habra School District) participants tended to rate lower than total averages of all the workshop locations combined on 1) workshop was great, 2) This workshop helped me share my feelings, 3) the instructor cared about me, 4) The instructor was on time, 5) I feel better after taking this workshop, 6) I would tell a friend or family member to attend this workshop, 7) I want to take another Art & Creativity for Healing workshop, and 8) Overall, I like this workshop.

Oak View FRC, Huntington Beach and Westminster FRC participants consistently rated higher than the group averages. Westminster FRC rated the highest that the workshop was great, cared for by the instructor, instructor was on time, and overall reported liking the workshop better than the group average among the different locations. Oak View FRC, Huntington Beach reported higher than averages that it helped them feeling better after taking the workshop and were more likely to refer a family member or friend want to take another Art & Creativity for Healing

workshop than the group average among the different locations. Orangewood Foundation reported the highest averages that the workshop helped them express their emotions.

Individuals that identified as Asian American/Vietnamese & Bi-Racial ethnicities overall ratings (scale of 1-5) scored higher outcomes. In particular, they stated that the workshop 1) helped them express their emotions more, 2) instructor cared about them more, and 3) instructor was more on time compared to the other ethnicities. They were also more interested in taking another Art & Creativity for Healing workshop and more satisfied with the workshop compared to the group average of other reported ethnicities.

There were 8 significant differences between the primary reasons for taking the workshop on the 1-5 scaled outcomes (with 5 being the highest). The participants that selected as Divorce as their primary reason tended to rate lower than total averages of all the reasons combined 1) workshop was great, 2) This workshop helped me share my feelings, 3) the instructor cared about me, 4) The instructor was on time, 5) I feel better after taking this workshop, 6) I would tell a friend or family member to attend this workshop, 7) I want to take another Art & Creativity for Healing workshop, and 8) Overall, I like this workshop.