



**ART FOR RENEWAL
AND STRESS
MANAGEMENT**

Corporate Workshops

Currently available online, on-site, or at the Art & Creativity for Healing Studio

Specializing in:

- Team Building
- Stress Management

The Art4Healing® method is currently used with thousands of individuals, including those in the corporate sector. Consider bringing this program into your workplace for amazing results with developing corporate vision, facilitating team building, and introducing stress management.

**No Art Experience
Required!**

Retreats/workshops available for your employees

**Call TODAY to get your
group enrolled!**

Ask about our Online Webinars

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Art & Creativity for Healing is a 501 (c) (3) nonprofit organization. Your contribution is tax-deductible to the extent of the law. Federal Tax ID # 33-0936136

Art & Creativity for Healing has over a 20-year relationship providing workshops for management, employees, and family members of employers throughout the United States.



A Creative Approach

Rapid change has become a fact of life for individuals, organizations, and businesses around the world. Demands on people in the workplace continue to rise and staff is expected to adapt and learn more quickly than ever. If not managed well, organizational changes and continuous pressure on people in the workplace can take a toll on performance.

Art & Creativity for Healing's Corporate Workshops are highly interactive, creative centered sessions, which specialize in team building, corporate vision and stress management. The workshops have been shown to improve staff morale and reduce stress.

The following topics are designed to help employees build the skills they need to be successful in their work-related and personal life. They can be presented at staff meetings, organizational gatherings or seminars.

All about Daily Living...

- Balancing Work and Home
- Stress Management

All about Work...

- Team Building
- Stress Management

Why choose Art & Creativity for Healing

The corporate workshops are conducted by Laurie Zagon, the Executive Director and Founder of Art & Creativity for Healing. Her background includes an undergraduate degree from the Maryland Institute College of Art in Baltimore, and a Master in Fine Arts from Syracuse University. She has also taught design, color and light theory and painting as a professor of fine arts for more than 14 years, and has written a book on this methodology.

Accessibility - Art & Creativity for Healing offers online interactive webinars, on-site workshops, and classes and workshops at our art studio in Laguna Hills, California.

Availability - Art & Creativity for Healing's current availability average is between 10-14 days to schedule a workshop. Art & Creativity for Healing is known for its readiness and ability to respond to requests for workshops promptly. Art & Creativity for Healing works with its customers to reach the goal of maintaining a healthy and productive workforce.

Employee Enrichment

"It surprised me how interactive and innovative this Art4Healing process was—anyone can do it without needing to be an artist. I learned some new things about my staff due to this process. I was so impressed with the first workshop that I sent our Operations Team over as well. They too had a powerful, engaging team-building experience."

Paul Giobbi
Founder/CEO of Zumasys

"Hearing other co-workers thoughts and insights helped me see where everyone was on our team."

Gregg Eisenman
Hotel Management

"Art for Renewal & Stress Management was an effective way my business group could get together for a team building activity."

Douglas Harrington M.D.
Chief Executive Officer
Westcliff Laboratories, Inc.

"Art & Creativity for Healing has facilitated our staff retreats for the past 5 years with exceptionally high ratings from our employees."

Julie Malvey
St. Joseph Healthcare System