



## Credit Information

Professional development credits available for the following groups:

**Educators**  
**Therapists**  
**Counselors**  
**Nurses**

## Certificate Program Schedule

### Spring

Session begins in March

### Summer

July & August

(Accelerated 7 day program)

### Fall

Session begins in October

All classes held at Art & Creativity for Healing studio in Laguna Hills

COURSE NUMBER: EDUU 9679



CHAPMAN UNIVERSITY SYSTEM  
16355 Laguna Canyon Road  
Irvine, CA 92618



CHAPMAN UNIVERSITY SYSTEM

*in partnership with*



## Brandman University

Chapman University System

### Brandman University in partnership with Art & Creativity for Healing Inc. is proud to offer the first in the nation Art4Healing® Certificate Program.

This program is designed for counselors, teachers, therapists, medical professionals, artists, and others interested in learning the Art4Healing® method and using the exercises in their own work with children and adults suffering from abuse, illness, grief or stress. Participants will learn how to use the language of color as a way to facilitate creativity and emotional expression through abstract painting on canvas and other visual mediums.

Throughout the certification process, students will be asked to participate and facilitate segments of a workshop. This certificate allows for the individual use of the Art4Healing® methods within private practice as a supplement to existing therapeutic, educational, or artistic programs.

**Art & Creativity for Healing Inc.** is a nonprofit agency dedicated to providing workshops that help children, teens, and adults suffering from abuse, illness, grief or stress process their feelings using the venue of painting on canvas. The workshops have already helped tens of thousands of individuals, including at-risk and underprivileged youth recovering from child abuse, substance abuse, and gang-related trauma. This method also helps families dealing with chronic and life-threatening illnesses cope with the emotional, spiritual, and physical impact upon their lives. By expressing themselves creatively, participants can document their experience in a profound way, thus creating a healing environment for themselves.

Brandman University is ranked in the top tier of western regional universities and colleges in the *U.S. News and World Report's: America's Best Colleges*. Brandman is also one of only 100 American colleges and universities to be recognized by the prestigious *Templeton Guide: Colleges that Encourage Character Development*. Brandman University is dedicated to serving the non-traditional adult population with 25 satellite campuses throughout California and Washington.

## Certificate Requirements

### Expressing Feelings with Color

This is the introductory workshop for the Art4Healing® Certificate training. Students will experience the method of Art4Healing® firsthand, expressing feelings through the language of color and painting on canvas.

### Level One Facilitator Training

This two-day class is designed to teach students how to run a successful workshop with their own clients including how to create a comfortable and safe environment as well as to practice facilitating projects.

### Art4Healing® Beginner, Intermediate, and Advanced Series

Art4Healing® Beginner, Intermediate and Advanced Series contain exercises that are designed to teach participants the language of color and how to express and process emotion through visual art. Participants in the Beginning series use collage, watercolor, acrylic painting and journaling to complete a series of artworks. Intermediate participants complete a second series of artworks using these varied mediums to take the process to a new level of emotional expression. The advanced series focuses on acrylic painting on canvas to explore and process each participant's own creativity on a deeper level through the completion of an additional series of paintings.

### Art & Creativity for Healing Workshop Volunteering

Participants must complete the Level One Facilitator Training prior to beginning this portion of the program. To complete the Art4Healing® certification program, participants are required to complete 12 hours of volunteering at our Art4Healing® workshops held on site at our studio, or at any of our 35 partner agencies.



## Participant Comments

"The Art4Healing® certificate program was an extremely rewarding experience for me. Every week I looked forward to our class. No matter how hectic or confusing my day was I couldn't wait to get to the studio. On those days I realized I needed the classes the most. I found the program informative and always very enlightening."

- Cindy B., Substance Abuse Counselor

"The experience of the Art and Creativity for Healing Certification Program has been a profound one. I intend to continue on this path of exploration and share it with my community."

-Martha S., Social Worker

"I learned many techniques in this program that I am now using with my students."

Terri H., Elementary School Teacher

## Contact Information

**For questions regarding course content please contact: Laurie Zagon, MFA**

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**For questions regarding registration please contact: Brandman University - School of Extended Education**  
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