

DOCTORS NONPROFIT CONSULTING

# EXECUTIVE SUMMARY

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ART & CREATIVITY FOR HEALING, INC.  
CREATIVE TOOLS FOR HOMELESS  
CHILDREN & THEIR FAMILIES

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JULY 2016 – JUNE 2018

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## INTRODUCTION

DoctorS Nonprofit Consulting (DNC) was hired by Art & Creativity for Healing Inc. (ACFH) in July of 2018 to provide an outcome evaluation for the program's 2016-2018 Creative Tools for Homeless Children & Their Families data for participants in ACFH workshops. ACFH facilitates these "Art4Healing®" workshop programs at more than 35 hospitals, treatment centers, military bases, schools and non-profit agencies throughout Southern California. Since 2000, more than 75,000 children and adults have participated in these classes and workshops.

## METHOD

For this project, ACFH staff entered the data from their surveys into an online computer program. DNC then downloaded data spreadsheets in both excel and SPSS formats. DNC reviewed the data and addressed any data entry concerns with ACFH staff. SPSS statistical software was used for the evaluation process which was conducted by consultants in July and August of 2018. For this project, the program's data collection procedures were reviewed. Initially, a series of frequency tables were run to establish basic program statistics. Following this, a series of correlations and one-way analysis of variance (ANOVA) tests were computed on the data. A full statistical report of the test outcomes is included in appendix A. Correlations are useful in determining how closely one variable relates to another variable. ANOVAs are useful for comparing differences between groups.

## DATA SET

This data set consists of responses by 1250 Creative Tools for Homeless Children & Their Families referred individuals who received ACFH services between the period of July 2016 and June 2018. Of those, participants either completed the adult survey (n=569) or the child survey (n=681). Generally, when working with statistical evaluation, we like to see a large sample. Data sets of this size (n=1250) are generally regarded to be an accurate indicator of the measured items.

## STATISTICS

The majority of the participants in the Creative Tools for Homeless Children & Their Families participants were children (54.5%). The remaining 45.5% were completed by adults. Approximately 1/4 of the participants indicated their age (n=336). Of those that did include the ages ranged from 5-64, with the average age being 23.9. It should be noted that less than ¼ of the child questionnaire participants included their age thus skewing the data.

Hispanic/Latino(a) made up 57.9% of combined participants followed by Caucasians at 18.4%. Seventeen percent of the participants did not list their ethnicity. Please note that the actual ethnicity is included in the figure below is for those that reported their ethnicity.

Santa Fe Springs was the city of residence for 30.5% of the workshop participants followed by Orange at 23.9%. These locations were used by participants due to the location of the shelter they were living in at the time. There were however 2.2% (n=27) of participants not indicating a

city of residence.

When combining the locations for all the Creative Tools for Homeless Children & Their Families program participants, the majority were from the L.A. CADA (Allen house) (32.1%) followed by Illumination Foundation Recuperative Care Mental Health Center for the Homeless and Mentally Disabled (30.9%) and OCDE ACCESS Skyview School for the Homeless (22.4%).

The participants generally have multiple psychological reasons for attending the workshops. Each participant was asked to indicate all the reasons and then select their top reason for taking the class. Some participants selected multiple top reasons for taking the class and thus those individuals were removed from dataset. The primary reason that the child participants took workshops was *I like Art* (86.5%) and *Anxiety/Stress* (47.22%) for adult participants. The top four “other” category that represents 38.89% for adults included *own interest* 52.75%, *program* 15%, *addiction* 7.7%.

## KEY FINDINGS

Overall, it is significant to say that 9 out of 10 (97.8%) of the Creative Tools for Homeless Children & Their Families participants reported that they were satisfied with their workshop

From the adult questionnaire, 82% of participants strongly agreed that the workshop helped them express their emotions. Eighty-two percent of participants strongly agreed that they felt better after the workshop. Ninety percent of adults strongly agreed that the instructor was approachable.

From the child questionnaire, 89% of participants agreed that the workshop helped them express their emotions. Ninety percent of child participants agreed that they felt better after the workshop. Ninety-two percent of children agreed that the instructor cared about them.

Three out of 4 (74.74%) of OCDE ACCESS Skyview School for the Homeless youth participants strongly agreed and 9 out of 10 (92.49%) youths thought (either agreed/strongly agreed) it was great. Ninety-two percent of participants agreed that the workshop helped them express their emotions. Eighty-seven percent of participants agreed that they felt better after the workshop. Ninety-two percent of children agreed that the instructor cared about them.

For future workshops, 92.4% of children and adult participants agreed that they would refer a friend or family member to this workshop.

Nine out of the 10 (95.3%) of all participants agreed that they themselves would take another workshop from the program

The primary reason that the child/teen participants took workshops was *I like Art* (86.5%) and *Anxiety/Stress* (47.22%) for adult participants.

When looking at the adult outcome data, there were six significant differences among the workshop locations and eight outcome variables. The adult clients that were in the OC Rescue Mission, Regina House and Project Hope locations consistently rated the program higher than the averages in the following 6 outcome ratings: 1) The workshop was great; 2) The workshop

helped me express my emotions; 3) I feel better after taking this; 4) I would tell a friend or family member to attend this workshop; 5) I want to take another Art & Creativity for healing workshop (within the year). 6) Overall, I like this workshop (I am satisfied).

When combined with the children, there was also 8 significant differences. OC Rescue Mission reported higher than averages and OCDE ACCESS Skyview School for the Homeless program reported lower averages in the eight areas: 1) The workshop was great [OC Rescue Mission ( $M=4.96$ ,  $n=107$ ) , OCDE ACCESS Skyview School for the Homeless ( $M=4.64$ ,  $n=278$ ) Total average ( $M=4.81$ ,  $N=965$ )]; 2) The workshop helped me share my feelings/express my feelings [OC Rescue Mission ( $M=4.89$ ,  $n=107$ ), OCDE ACCESS Skyview School for the Homeless ( $M=4.58$ ,  $n=276$ ), ( $M=4.75$ ,  $n=1239$ ), 3) The instructor cared about [OC Rescue Mission ( $M=4.94$ ,  $n=106$ ), OCDE ACCESS Skyview School for the Homeless ( $M=4.68$ ,  $n=277$ ) Total Average ( $M=4.84$ ,  $n=1242$ )]. 4) The instructor was on time (and valued my time) – [OC Rescue Mission ( $M=4.92$ ,  $n=106$ ), OCDE ACCESS Skyview School for the Homeless ( $M=4.73$ ,  $n=278$ ), Total Average ( $M=4.86$ ,  $N=1241$ )], 5) I feel better after taking the workshop [OC Rescue Mission ( $M=4.91$ ,  $n=106$ ), OCDE ACCESS Skyview School for the Homeless ( $M=4.53$ ,  $n=277$ ), Total Average ( $M=4.73$ ,  $N=1236$ )], 6) I would tell a friend or family member to attend this workshop - workshop [OC Rescue Mission ( $M=4.90$ ,  $n=106$ ), OCDE ACCESS Skyview School for the Homeless ( $M=4.42$ ,  $n=278$ ) , Total Average ( $M=4.71$ ,  $N=1243$ )] 7) I want to take another Art & Creativity for Healing Workshop (within a year) workshop - [OC Rescue Mission ( $M=4.98$ ,  $n=107$ ), OCDE ACCESS Skyview School for the Homeless ( $M=4.63$ ,  $n=278$ ) , Total Average ( $M=4.80$ ,  $N=1244$ )] and 8) Overall, I like this workshop (I am satisfied) - workshop [OC Rescue Mission ( $M=4.98$ ,  $n=107$ ), OCDE ACCESS Skyview School for the Homeless ( $M=4.78$ ,  $n=278$ ) , Total Average ( $M=4.85$ ,  $N=1245$ )]

There were three significant difference among the different primary reasons for taking the class. In particular, the participants that reported the reason for taking the class that they were sick or someone they love is sick tended to report lower than average scores in 1) The workshop was great; 2) I want to take another Art & Creativity for Healing Workshop (within a year; and 3) Overall, I am satisfied with this workshop

There were 3 significant differences among the youth participants and adult participants. Adult participants reported higher averages on 1) This workshop helped me share my feelings/ express my emotions; 2) The instructor was approachable and appeared to care about the participants; and 3) I would tell a friend or family member to attend this workshop compared to children participants.